**D1 Riding Checklist 2023**

Instructor should sign only when the candidate can consistently perform the “Riding Expectations” in each box.

|  |  |
| --- | --- |
| Topic | Sign and Date |
| • Mount and dismount, with assistance if necessary. |  |
| • Pick up and hold reins correctly at halt. • Pick up stirrups at halt. • Shorten and lengthen reins correctly at the halt. |  |
| • Demonstrate basic correct position at the halt and walk |  |
| • Ride at the walk and trot, with control, keeping mount on rail. |  |
| • Demonstrate simple change of direction at the walk and trot. |  |
| • Perform gradual transitions from walk to trot and walk to halt. |  |
| • Walk over a single pole on the ground in jumping position. |  |
| • Discuss with Examiner the reason for different positions when riding on the flat and over fences. |  |